

Daily Milk Offerings: Fat Free White, Fat Free Chocolate (all antibiotic &

**Daily Fruit & Vegetable** Offerings: Apple, orange, seasonal fruit, plus 100% juice (apple, orange, grape, fruit punch), baby carrots, celery sticks, tater tots or

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, (\*) denotes item offered with WG dinner

hormone free)

fries

roll(s)

**Meal Price:** Students - No cost Adults \$5.02 +tax

## March 2023

## Westbury Middle School | LUNCH MENU

MON	TUES	WED	THURS	FRI
Celebrate Read Across America Day March 2		Grilled Cheese Melt <sup>1</sup> w/ or w/o Bacon (P) Raisins Steamed Green Beans	Chix Parm w/ Pasta <sup>2</sup> & Spaghetti Sauce Apples Roasted Broccoli	BBQ Chix 3 Pizza Clementines Baby Carrots
Chix Teriyaki w/ Rice & Vegetables Apples Spinach Side Salad	Beef Nachos w/ Salsa Pears Black Beans	Cheeseburger on WG Bun Apples Roasted Cauliflower	Spicy Popcorn Chix* Chilled Fruit Cup Green Beans	No Lunch Service Professional Development Day
Pizza Crunchers <sup>13</sup> w/ Marinara Sauce Strawberry Fruit Cups Roasted Broccoli	Soft Tacos w/ 14 Sour Cream & Salsa Applesauce Kidney Beans	Hot Dog 15 On WG Bun Apples Cucumber Coins	General Tso's 16 Chix w/ Rice Pears Romaine Lettuce	Chix Bacon 17 Ranch Pizza (P) Clementines Baby Carrots
Spicy Popcorn Chix* Apples Romaine Side Salad	Beef Nachos 21 w/ Salsa Pear Vegetarian Beans	BBQ Chix Sandwich on WG Bun Raisins Steamed Zucchini	Homemade <sup>23</sup> Macaroni & Cheese Apples Baked French Fries	No Lunch Service Parent/Teacher Conferences
Pizza Sticks w/ 27 Marinara Sauce Chilled Fruit Cups	Soft Tacos w/ 28 Sour Cream & Salsa Apple	French Toast Stix w/ <sup>29</sup> Chix Sausage Patty Pears Tater Tots	National Meatball Day 30  Meatball Parm on  WG Sub Roll  Chilled Fruit Cups	Beef Taco Pizza Clementines Baby Carrots

**Powering** potential.

Menus are subject to change.

Kale Chips

**Limited Time Offer:** Honey Sriracha Turkey Burger Waffle Sandwich

Daily Grab & Go: Chicken Caesar salad\*, assorted deli sandwiches w/ or w/o cheese; peanut butter & jelly; all on WG bread, wrap, or roll, Fruit Parfaits.

**Black Beans** 

Daily Hot Offerings: Chicken nuggets\*, chicken patty or spicy chicken patty on WG bun, hamburger/cheeseburger on

WG bun, cheese or pepperoni (P) pizza MTO Bar: Rotating Taco and Pasta

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Roasted Potatoes



This institution is an equal opportunity providers