

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.
-Grain (all grain offerings count as 2 items)
-Fruit (must pick 1)
-Milk (pick up to 1)

Please Note:

All cereal bowls and bars are whole grain and served with a cheese stick

(WG) denotes whole grain

(P) denotes item may contain pork

Powering potential.

Meal Price: Students – No cost Adults \$2.78+tax

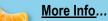
March 2023 Middle SCHOOL LUNCH MENU

MON	TUES	WED	THURS	FRI
National School Breakfast Week March 6 – March 10		fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	<i>3</i> WG French Toast Sticks Fruit & Milk
Assorted WG Cereal Offerings Fruit	7 WG Donut Hole Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Sticks Fruit & Milk
Assorted WG Cereal Offerings Fruit	WG Donut Hole Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Sticks Fruit & Milk
Assorted WG Cereal Offerings Fruit	21 WG Donut Hole Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Sticks Fruit & Milk
Assorted WG Cereal Offerings Fruit	28 WG Donut Hole Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Sticks Fruit & Milk

Menus are subject to change.







Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, orange, plus 100% apple juice or 100% fruit punch



Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll, WG French Toast Stix



This institution is an equal opportunity providers